



WE'RE IN THIS TOGETHER.

We know that COVID-19 has affected everyone – from small businesses to large businesses, and every nonprofit and private sector across our country.

Lynne,

We know we are not alone in the tough decisions we are making for the health and safety of our donors and community. And we know your business may have been impacted financially and/or you may be facing possible unemployment. As a valued monthly sponsor, we wanted to personally reach out and connect with you during this critical and uncertain time to say **we're thinking of you and your family**. As a committed supporter of our mission, you mean so much to us. We couldn't do the work that we do without you.

To help lift your spirits during these challenging times, our team put together a little "survival guide" for you:

Shelter In Place Survival Guide

How to survive working from home (and homeschooling with kiddos)



FIND A PLAYLIST

Music makes everything better. Why not turn your day into a nonstop dance party? Never again will you have **THIS MUCH TIME** to listen to all of your favorite classic 80s rock songs from back in the day.



STAY ACTIVE

We may all be stuck inside, but that doesn't mean you can't keep the endorphins pumping! Go for a walk, do some at-home aerobics, or try a new yoga video.



WRITE A SONG

If you want to make it about your time inside and put it to the tune of "My Sharona" and replace "Sharona" with "Corona," do what you have to do.



LAUGH AT A FUNNY MEME

A little humor changes everything. Turn off the news for a moment and scroll through [this compilation](#) of memes. YOU'RE WELCOME.



GET FACE-TO-FACE (SORT OF)

Schedule some video calls with friends or family you haven't seen in a while. What better time to catch up?



TIGER KING IT UP

Watch the most talked about doc on Netflix. Trust us, it'll keep you on your toes and give you tons to research afterward. Let us know - what do YOU think happened to Carole's first husband?

Or maybe you're one of those people who hasn't noticed anything has changed...

When you find out your normal daily lifestyle is called "quarantine"



If so, bless you. We are both completely confused and jealous of your survival skills.

While many of us are feeling frustrated by the fact that we are stuck at home without our community and the familiarity of our "normal lives" to lessen the anxiety of this uncertain time, we are reminded that this is exactly how children in foster care feel every single day.

This is why, in spite of the hardships we are facing, we are still pressing forward with our mission every single day. **Thank you for all that you do to make this possible.** Wishing blessings to you and your loved ones as we continue to work together to impact the foster care system and our community as a whole.